

Public Health Emphasis

Associate of Science

Total credits: 96.0

■ Major Course ■ General Education Course ■ Elective Course ■ Milestone



Term 1 Fall 14.0 credits

- HE 100** — Introduction to Public Health — 4.0 credits — Major Course
- WR 121Z** — Composition I — 4.0 credits — General Education Course
- WR 121Q** — Corequisite for WR 121Z — 1.0 credits — Elective Course
- HE 120** — Disease Detectives — 4.0 credits — Major/General Education Course
- PE 185 (any)** — PE Activity Course — 1.0 credits — Major Course
- Milestone:** Meet with your academic advisor

Term 2 Winter 15.0 credits

- HE 210** — Intro to Health Services — 3.0 credits — Major Course
- HE 119** — Unpacking Life Expectancy in the U.S. — 3.0 credits — Major/General Education Course
- MTH 105Z** — Math in Society — 4.0 credits — General Education Course
or **MTH 111Z** Precalculus I: Functions
- MTH 105Q** — Corequisite for MTH 105Z — 1.0 credits — Elective Course
or **MTH 111Q** Corequisite for MTH 111Z
- PE 231** — Lifetime Health and Fitness — 3.0 credits — Elective Course
- PE 185 (any)** — PE Activity Course — 1.0 credits — Major Course
- Milestone:** Meet with your academic advisor

Term 3 Spring 16.0 credits

- HE 225** — Social Determinants of Health — 4.0 credits — Major/General Education Course
- HE 249** — Science Communication and Health Literacy — 4.0 credits — Major/General Education Course
- HE 151** — Drugs in Society — 3.0 credits — Elective Course
or other **approved elective** from the catalog
- ENG 104Z** — Introduction to Fiction — 4.0 credits — General Education Course
or other **Arts and Humanities - General** course from catalog
- PE 185 (any)** — PE Activity Course — 1.0 credits — Major Course
- Milestone:** Meet with your academic advisor

Term 4 Fall 14.0 credits

- WR 227Z** — Technical Writing — 4.0 credits — General Education Course
- HE 207** — Stress Management — 3.0 credits — Elective Course
or other **approved elective** from the catalog
- CRS 130** — General Medical Terminology — 3.0 credits — Elective Course
or other **approved elective** from the catalog
- HE 151** — Drugs in Society — 3.0 credits — Elective Course
or other **approved elective** from the catalog
- PE 185 (any)** — PE Activity Course — 1.0 credits — Major Course
- Milestone:** Meet with your academic advisor
- Milestone:** Apply for graduation

Term 5 Winter 23.0 credits

- CH 121** — College Chemistry I — 5.0 credits — General Education Course
or other **Scientific Inquiry and Analysis** course from catalog
- ANTH 110** — Introduction to Cultural Anthropology — 3.0 credits — General Education Course
or other **Arts and Humanities - Global** course from catalog
- HE 256** — Foundations of Public Health Education and Promotion — 4.0 credits — Major Course
- SOC 204Z** — Introduction to Sociology — 4.0 credits — Elective Course
or other **approved elective** from the catalog
- SPN 101Z** — First-Year Spanish I — 4.0 credits — Elective Course
or other **approved elective** from the Catalog
- HE 267** — Wellness Coaching Fundamentals — 3.0 credits — Major Course
- Milestone:** Meet with your academic advisor

Term 6 Spring 14.0 credits

- HE 220** — Intro to Health Data Analysis — 3.0 credits — Major Course
- HE 250** — Introduction to Healthcare Administration — 3.0 credits — Major Course
- HE 261** — Red Cross Adult/Infant First Aid, CPR/AED, and Emergency Response — 1.0 credits — Major Course
or **HE 112** Emergency First Aid or **HE 110** First Aid and CPR
- HE 280** — CWE Health — 3.0 credits — Elective Course
or other **approved elective** from the catalog
- HE 281** — Community Birth Doula — 4.0 credits — Elective Course
or other **approved elective** from the catalog

This program map represents one possible pathway through the program and is for reference only. Make an appointment with the [First Resort](#) (prospective students) or [Advising](#) (current students) to receive personalized guidance.